Guide, Tips, & Prayer Topics

FASTING 101

Jan 7th -Jan 27th



WEEK 1

DAY 1: JANUARY 7 PRAY FOR NEW BUILDING AND CONSTRUCTION

2 CHRONICLES 2:5 (NIV) "THE TEMPLE I AM GOING TO BUILD WILL BE GREAT, BECAUSE OUR GOD IS GREATER THAN ALL OTHER GODS."

DAY 2: JANUARY 8 PRAY FOR A GREATER RELATIONSHIP WITH JESUS

JOHN 15:4-5 (NIV) REMAIN IN ME, AS I ALSO REMAIN IN YOU. NO BRANCH CAN BEAR FRUIT BY ITSELF; IT MUST REMAIN IN THE VINE. NEITHER CAN YOU BEAR FRUIT UNLESS YOU REMAIN IN ME. I AM THE VINE; YOU ARE THE BRANCHES. IF YOU REMAIN IN ME AND I IN YOU, YOU WILL BEAR MUCH FRUIT; APART FROM ME YOU CAN DO NOTHING.

DAY 3: JANUARY 9

PRAYER EMPHASIS: PRAY TO BECOME PASSIONATE IN WORSHIP.

JOHN 4:24 (NIV) GOD IS SPIRIT. AND HIS WORSHIPERS MUST WORSHIP IN THE SPIRIT AND IN

TRUTH."

DAY 4: JANUARY 10
PRAYER EMPHASIS: PRAY FOR A GREATER COMMITMENT TO THE WORD.

1 PETER 4:11 (NIV) IF ANYONE SPEAKS, THEY SHOULD DO SO AS ONE WHO SPEAKS THE VERY WORDS OF GOD. IF ANYONE SERVES, THEY SHOULD DO SO WITH THE STRENGTH GOD PROVIDES, SO THAT IN ALL THINGS GOD MAY BE PRAISED THROUGH JESUS CHRIST. TO HIM BE THE GLORY AND THE POWER FOR EVER AND EVER. AMEN.

DAY 5: JANUARY 11
PRAYER EMPHASIS: PRAY FOR SUDDEN MIRACLES.

MATTHEW 19:26 (NIV) JESUS LOOKED AT THEM AND SAID, "WITH MAN THIS IS IMPOSSIBLE, BUT WITH GOD ALL THINGS ARE POSSIBLE."

DAY 6: JANUARY 12 PRAY FOR A BOLDER PRAYER LIFE

LUKE 19:46 (NIV) "IT IS WRITTEN," HE SAID TO THEM, "'MY HOUSE WILL BE A HOUSE OF PRAYER'[A]; BUT YOU HAVE MADE IT 'A DEN OF ROBBERS.

1 JOHN 5:14-15 (NIV) THIS IS THE CONFIDENCE WE HAVE IN APPROACHING GOD: THAT IF WE ASK ANYTHING ACCORDING TO HIS WILL, HE HEARS US. 15. AND IF WE KNOW HE HEARS US. WHATEVER WE ASK- WE KNOW THAT WE HAVE WHAT WE ASKED OF HIM.

DAY 7: JANUARY 13 PRAYER EMPHASIS: PRAY FOR UNCOMPROMISED FAITH!

MATTHEW 17:20 (NIV) HE REPLIED, "BECAUSE YOU HAVE SO LITTLE FAITH. TRULY I TELL YOU, IF YOU HAVE FAITH AS SMALL AS A MUSTARD SEED, YOU CAN SAY TO THIS MOUNTAIN, 'MOVE FROM HER TO THERE,' AND IT WILL MOVE. NOTHING WILL BE IMPOSSIBLE FOR YOU."

WEEK 2

DAY 8: JANUARY 14
PRAYER EMPHASIS: PRAY FOR DIVINE HEALTH

JAMES 5:15 (NIV) AND THE PRAYER OFFER IN FAITH WILL MAKE THE SICK PERSON WELL; THE LORD WILL RAISE THEM UP. IF THEY HAVE SINNED, THEY WILL BE FORGIVEN.

DAY 9: JANUARY 15
PRAYER EMPHASIS: PRAY FOR FINANCIAL INCREASE

PHILIPPIANS 4:19 (NIV) AND MY GOD WILL MEET ALL YOUR NEEDS ACCORDING TO THE RICHES OF HIS GLORY IN CHRIST JESUS.

DAY 10: JANUARY 16
PRAYER EMPHASIS: PRAY TO LIVE A HOLY LIFE

1 PETER 1:15-16 (NIV) BUT JUST AS HE WHO CALLED YOU IS HOLY, SO BE HOLY IN ALL YOU DO: 16 FOR IT IS WRITTEN: "BE HOLY, BECAUSE I AM HOLY."

DAY 11: JANUARY 17
PRAY FOR THE NEEDY, BROKEN AND HOMELESS

PSALMS 41:1 (KJV) BLESSED IS HE WHO CONSIDERS THE POOR; THE LORD WILL DELIVER HIM IN TIME OF TROUBLE.

DAY 12: JANUARY 18
PRAYER EMPHASIS: PRAY FOR THOSE DEALING WITH ADDICTION

JEREMIAH 17:14 (NIV) HEAL ME, LORD, AND I WILL BE HEALED; SAVE ME AND I WILL BE SAVED, FOR YOU ARE THE ONE I PRAISE.

DAY 13: JANUARY 19
PRAYER EMPHASIS: PRAY FOR 2024 ELECTION

1 TIMOTHY 2:1-2 I URGE, THEN, FIRST OF ALL, THAT PETITIONS, PRAYERS, INTERCESSION AND THANKSGIVING BE MADE FOR ALL PEOPLE – FOR KINGS AND ALL THOSE IN AUTHORITY, THAT WE MAY LIVE PEACEFUL AND QUIET LIVES IN ALL GODLINESS AND HOLINESS.

DAY 14: JANUARY 20 PRAYER EMPHASIS: PRAY FOR MARRIAGES

MATTHEW 19:4-6 (NIV) "HAVEN'T YOU READ," HE REPLIED, "THAT AT THE BEGINNING THE CREATOR 'MADE THEM MALE AND FEMALE,'[A] 5 AND SAID, 'FOR THIS REASON A MAN WILL LEAVE HIS FATHER AND MOTHER AND BE UNITED TO HIS WIFE, AND THE TWO WILL BECOME ONE FLESH? 6 SO THEY ARE NO LONGER TWO, BUT ONE FLESH. THEREFORE, WHAT GOD HAS JOINED TOGETHER, LET NO ONE SEPARATE."

WEEK 3

DAY 15: JANUARY 21
PRAYER EMPHASIS: PRAY FOR CHILDREN

DEUTERONOMY 6: 6-7 "THESE COMMANDMENTS THAT I GIVE YOU TODAY ARE TO BE ON YOUR HEARTS. IMPRESS THEM ON YOUR CHILDREN. TALK ABOUT THEM WHEN YOU SIT AT HOME AND WHEN YOU WALK ALONG THE ROAD, WHEN YOU LIE DOWN AND WHEN YOU GET UP."

DAY 16: JANUARY 22
PRAYER EMPHASIS: PRAY FOR TEENAGERS

1 TIMOTHY 4:12 (NIV) DON'T LET ANYONE LOOK DOWN ON YOU BECAUSE YOU ARE YOUNG, BUT SET AN EXAMPLE FOR THE BELIEVERS IN SPEECH, IN CONDUCT, IN LOVE, IN FAITH AND IN PURITY.

DAY 17: JANUARY 22
PRAYER EMPHASIS: PRAY FOR YOUNG ADULTS

JEREMIAH 1: 4-9 (NIV) THE WORD OF THE LORD CAME TO ME, SAYING, 5 "BEFORE I FORMED YOU IN THE WOMB I KNEW YOU, BEFORE YOU WERE BORN, I SET YOU APART; I APPOINTED YOU AS A PROPHET TO THE NATIONS."

6 "ALAS, SOVEREIGN LORD," I SAID, "I DO NOT KNOW HOW TO SPEAK; I AM TOO YOUNG. 7
BUT THE LORD SAID TO ME, "DO NOT SAY, 'I AM TOO YOUNG.' YOU MUST GO TO EVERYONE I
SEND YOU TO AND SAY WHATEVER I COMMAND YOU. 8 DO NOT BE AFRAID OF THEM, FOR I
AM WITH YOU AND WILL RESCUE YOU," DECLARES THE LORD. 9 THEN THE LORD REACHED
OUT HIS HAND AND TOUCHED MY MOUTH AND SAID TO ME, "I HAVE PUT MY WORDS IN
YOUR MOUTH.

DAY 18: JANUARY 24
PRAYER EMPHASIS: PRAY FOR SENIOR ADULTS

ISAIAH 46:4 (NIV) EVEN TO YOUR OLD AGE AND GRAY HAIRS I AM HE, I AM HE WHO WILL SUSTAIN YOU. I HAVE MADE YOU AND I WILL CARRY YOU; I WILL SUSTAIN YOU AND I WILL RESCUE YOU.

WEEK 3 CONT,

DAY 19: JANUARY 25 PRAYER EMPHASIS: PRAY FOR WISDOM, KNOWLEDGE, AND UNDERSTANDING.

COLOSSIANS 1:9-10 (NIV) FOR THIS REASON, SINCE THE DAY WE HEARD ABOUT YOU, WE HAVE NOT STOPPED PRAYING FOR YOU. WE CONTINUALLY ASK GOD TO FILL YOU WITH THE KNOWLEDGE OF HIS WILL THROUGH ALL THE WISDOM AND UNDERSTANDING THAT THE SPIRIT GIVES, 10. SO THAT YOU MAY LIVE A LIFE WORTHY OF THE LORD AND PLEASE HIM IN EVERY WAY: BEARING FRUIT IN EVERY GOOD WORK, GROWING IN THE KNOWLEDGE OF GOD.

DAY 20: JANUARY 26 PRAYER EMPHASIS:

PRAY FOR DIVINE PROTECTION FOR OUR FIRST RESPONDERS, SCHOOLS, CHURCHES AND COUNTRY,

1 PETER 4:11 (NIV) IF ANYONE SPEAKS, THEY SHOULD DO SO AS ONE WHO SPEAKS THE VERY WORDS OF GOD. IF ANYONE SERVES, THEY SHOULD DO SO WITH THE STRENGTH GOD PROVIDES, SO THAT IN ALL THINGS GOD MAY BE PRAISED THROUGH JESUS CHRIST. TO HIM BE THE GLORY AND THE POWER FOR EVER AND EVER. AMEN.

DAY 21: JANUARY 27

PRAYER EMPHASIS: PRAY FOR PASTORS, LEADERS AND LOCAL CHURCHES

1 CORINTHIANS 15:58 (NIV) THEREFORE, MY DEAR BROTHERS AND SISTERS, STAND FIRM.

LET NOTHING MOVE YOU. ALWAYS GIVE YOURSELVES FULLY TO THE WORK OF THE LORD,

BECAUSE YOU KNOW THAT YOUR LABOR IN THE LORD IS NOT IN VAIN.

COLOSSIANS 1:10-11 (NIV) SO THAT YOU MAY LIVE A LIFE WORTHY OF THE LORD AND

PLEASE HIM IN EVERY WAY: BEARING FRUIT IN EVERY GOOD WORK, GROWING IN THE

KNOWLEDGE OF GOD, 11 BEING STRENGTHENED WITH ALL POWER ACCORDING TO HIS

GLORIOUS MIGHT SO THAT YOU MAY HAVE GREAT ENDURANCE AND PATIENCE

2 TIMOTHY 4:2 (NIV) PREACH THE WORD; BE PREPARED IN SEASON AND OUT OF SEASON; CORRECT, REBUKE AND ENCOURAGE—WITH GREAT PATIENCE AND CAREFUL INSTRUCTION.